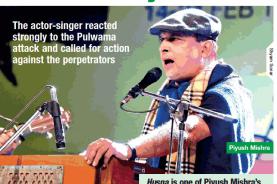
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Won't perform Husna till Pakistan addresses the issue of terrorism: Piyush Mishra



fier the dastardly attack in Pulwama on Thursday, which martyred almost 40 CRPF signer-lyricist-actor. Plyush Misitra strongly condemned the same. Plyush, who recently performed with is band Baillmaaraan in Pune, said that he had decided not to sing one of his most popular songs, Husna at any event until the issue of ierrorism is addressed by Pakistan. Tam not a soldier who can retallate with guns. But in the capacity of an artists, the least I can do is this. Husna is very close to my heart, but I have decided not to sing the song

artiste, the least I can do is this Husma is very close to my heart, but I have decided not to sing the song at any event untill this issue is addressed. Forty Innocent jawans is ost their lives because someony brainwashed a 20-something youngster into becoming a suicide bomber: it's not something that we can let go of so easily." he said.

Plyush went on to add that this wasn't about any religion or political party, but about humanity. He shared, "I am not inclined to any political ideologies and don't discriminate on the basis of religion. Husna itself is about communication between two lovers separated by the partition and speaks of how the two countries have many similarities. But as a human and an Indian, I strongly condemn this attack."

Husna is one of Piyush Mishra's most popular songs. It's about a girl named Husna who stays back in Lahore after the India-Pakistan partition and has witnessed the horrors of the event. She has a lover named Javed, who separates from her and lands in Lucknow. In the song, Husna narrates an incident about a letter from Javed asking how exactly India and Pakistan are different from each other

During the 90-odd minute concert, Plyush also broke into a song based on Shakespeare's Hamlet. Equating his situation to Hamlet, he sald, "With all the things going on around us, sometimes I feel like Hamlet, confused and unable to make sense of what's happening. This song is a result of that thought."

The actor-singer dedicated the concert to the families of the Jawans martyred in the Pulwama attack.

A MULTIFACETED PERSON

arhan Azmi is a successful entrepreneur with interests in diverse fields such as staffing, real estate, education and

staffing, real estate, education and fisheries. The young businessman has created a name for himself and is known for his professionalism. In the corporate world, people know him as the man who gets the Job done on time.

Winner of the Times Power Men Awards held last week, Farhan has also been featured as a Young Entrepreneur by CNBC, presented as a cover story in The Week, Siltcon India and Business World magazines, and showcased in The Times of India as a Young Achiever. He says his mantra to success in life is his mantra to success in life is understanding that success is not final, failure is not fatal, and it is the courage to continue that counts. "I

final, failure is not fatal, and it is the courage to continue that counts. 'I believe the only way to get on the road to success is to quit talking and begin doing.' he adds.

Farhan is actively involved in his staffing business, as the founding partner of Futura and serves as the company's executive chairman and managing director. He is a known name in the staffing business in India and charact his to the new times of the the and started his own firm after the recession in 2008. Having built a strong career through team leader ship, business management and over all strategic management, Farhan spearheads the company as one of

WAY TO GET ON THE **ROAD TO SUCCESS IS** TO QUIT TALKING AND **BEGIN DOING**

the leaders in the staffing industry With over 10 years of experience in the recruitment and staffing in the recruitment and staffing space, he has consistently contributed towards the betterment of the sector domestically He now plans to focus on global recruitment and staffing markets, with international offices already incorporated in UK, Dubat and Philippines and blue prints to expand further. With a turnover of over USD 40 million, a growth rate of 300 per cent IVY and a vision to be listed on the Indian stock exchanges by 9025. Fulture; under the exchanges by 2025, Futurz, under the leadership of Farhan, has ambitious plans for its future

Before starting the company in 2008, Farhan worked in the financial and BPO industry, building a track record of developing rewarding relationships across a diverse set of industries. He has been instrumen-

three employees to a 250 employee strong organisation with more than 15,000 associates on its payroll today. As a responsible citizen, Farhan ensures that he also gives back to the society, especially underprivileged children. He requiarly sponsors edu-cation and clothing for low-income group kids.

WITH OVER 10 YEARS OF **EXPERIENCE IN** THE RECRUIT-**MENT AND** STAFFING SPACE, **FARHAN HAS** CONSISTENTLY CONTRIBUTED TOWARDS THE **BETTERMENT OF** THE SECTOR DOMESTICALLY. HE NOW PLANS TO FOCUS ON **GLOBAL** RECRUITMENT **AND STAFFING** MARKETS



Types of red flags men should watch out for while dating



Don't let arthritis hold

amesh (name changed) suffered from Osteoarthritis, leading to swelling and severe pain in his left knee, due to which he walked with a pronounced limp. Four months ago when he consulted with Dr. Vasishta at SBF Healthcare and Research Centre Pvt. Ltd., he Heatincare and Research Centre Pvt. Ltd., he was in agony and dealt with severe discomfort which came in the way of his regular routine, considering his active sport related lifestyle. As he was advised a knee replacement by a team of orthopedic surgeons, he was driven to seek a second opinion, as he was not keen on undergoing surgeors.

Second opinion, as in a second opinion, as in a second opinion in gisurgery.

Although he was reluciant at first, the positive and confident guidance of Dr. Vasishia encouraged Ramesh to try out the Sequentially Programmed Magnetic Field (SPMF) Therapy for 21 days. In just three weeks, he experienced improvements in his knee. And in three months, the sets and examiliar processively reduced and his pain and swelling progressively reduced and he was able to walk normally.

Osteoarthritis is the most common form of arthritis with close to 40% of the population suffering from the ail ment worldwide. ment worldwide.
Earlier, surgery in the
form of a Total Joint
Replacement was the only
option available for people
suffering from arthritis, but
not anymore

Surering Holin authitis, but
not anymore.

SBF Healthcare and Research Centre is well
known for its non-invasive SPMF technology Wg.
Cdr. (Dr.) VG Vasishira (Redd.) of SBF Healthcare
and Research Centre Pvt. Ltd. in Mumbal has
ploneered the advanced Sequentially and Research Centre 1 v. 5.2.
pioneered the advanced Sequentially
Programmed Magnetic Field (SPMF) Therapy, a safe, pain-free and non-invasive treatment. SBF Healthcare and Research Centre Pvt. Ltd. was

bunded in 2006 by Dr. Vasishta immediately after his retirement from the Indian Air Force.

ner his retirement from the Indian Air Force.
SPMF Therapy is breakthrough technology
dministered through a device called Aktis
Soma. It produces highly complex sequentially programmed magnetic fields
that are computer controlled to precisely focus on the target tissue
with the help of laser guides.

With the help of laser guides of
date, over 7,000 cases of
Osteoarthritis have been trade
ed at SBF Healthcare and
Research Centre.

The treatment is an outpatient procedure and has no

tient procedure and has no side effects. It is an affordable

side effects. It is an affordable option compared to certain surgical theraples. The bigest advantage is that patients can continue doing their usual activities during the treatment.

When it comes to your health and the health of your loved ones, it is best to step out of your comfort zone and choose the best option for your comfort zone and choose the best option for your treatment, without blindly opting for traditional treatments.

For more information visit unun shfhealtheare com, or call 7738179126 (*The results may vary from patient to atient. Procedures given are based on the expert's understanding of the said field)

elationships are complicated and need two people to find their functional settings. Often, there are red flags that people ignore due to some misplaced inse-curity, resulting in them being falsely content in mediore relationships. So, it's time you watch out for these red flags...

This could be something quite pedantic like she doesn't like to drink too much, isn't a big fan of red meat, likes only strawberry lee cream, drinks tea not coffee, etc. In any relationship, there must be a compromise, as these small quirks are mostly cute harmless inconsistencies from your own worldview, and can be easily ignored for the rest of your days. If you can spend 90% of your time happy around this person, you're luckler than 50% of the world that gets divorced. Let the small things slide. RED FLAGS TO IGNORE

MEDIUM OR AVERAGE RED FLAGS Your partner may not be into the same shows or movies. This may not be so bad, but could get annoy-ing in the long run. As long as both people in the relating in the rough can be some good to the constitution of the cons

TRENDS

SOME THINGS ARE



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a presty big red flag. Consequently, if someone is too Into you, it could also mean a possible alert. It's not bad to have someone put you on a pedestal, but then the expectations also rise proportionately it's always better to know what you want, before hurting someone else.

MAJOR RED FLAGS

If they are mean to everyone below their own station in life, it may not take very long for you to be treated in a similar vein as well. Same is the case if they are too secretive about their dealings, or their past, and are constantly on their phone. Having a distingenuous partner can only cause grief and turmoll in the long run. If they have no other hobbles and interests, if they want to go out and socialise constantly if they lack any semblance of ambition and only want constant satiation in some form — such behaviour can be considered as major red flags.

A tot of this is stuff is down to personal preference and choice, but in a relationship, we should all aspire to be akin partners, not hostages. But don't be petty and only look for someone's flaws for sometimes, you might be the red flag yourself. Acknowledging your own behaviour and patterns might be the first step to being a well-rounded person and a key to having better relationships. — Mensop.com

